

BRAND NEW COURSES from the JCPF

A 12-course suite of 'Undiscovered Country' courses taught by Tony Ashenden

I've been teaching psychic & spiritual development since the late 1960's whilst continuing to demonstrate public and private mediumship both nationally and internationally. In those early days my courses were 15 week syllabuses. Over the 50 plus years, as working practises, social networks and lifestyles have changed, I have reduced courses durations to 12 weeks and then subsequently to 10 weeks. And now in recognition of today's environment where social media has radically changed how people use their time and contractual work commitments include 'unsociable' hours working and are of a shorter duration, I have completely revised the programme of teaching I do.

Whilst I reduced the number of weeks that courses had, I was still intent on teaching in much the same mode as when I first started -and the result, whilst appreciated by my pupils, has meant that up front teaching with talks and handouts has taken over the major part of the 2½ hours of allotted course time, thereby reducing the practical periods of development. Additionally, the focus I've had upon the deeper nature of teachings, whilst engendering a more spiritual awareness, has lessened the time I've given to techniques developing the psychic senses.

This new 12 course suite of 'Undiscovered Country' courses incorporates my 21st century approach to psychic & spiritual development, in which the practical development periods are much longer and talks are either 'matter of fact' advice on what is practically taught, or they are guidance tutorials, that advise directions to the personal approach a pupil can take to enhance their learning. Six of the 12 courses are 6-week duration courses, making it easier to accept enrolment and complete. The latter six courses are more 'beefy' and thereby require more time commitment to achieve. Included are courses that provide instruction on how to become a practising medium, a psychic & spiritual teacher and a course devoted to the development of psychic writing skills.

The previous suite of 'Undiscovered Country' courses, comprising, 'Knockin on Heavens Door', 'Crossing the River' and Unseen Worlds (the latter having several incarnations and going on ad infinitum) are now no longer available. Pupils who have done these courses will see in the new programme, how they relate to the previous programme and what constitutes pre-requisite training to the courses I'm now providing. JCPF members and public patrons who have completed Pam's excellent chakra meditation courses will also see where the new suite of courses connects.

All courses will have a minimum and maximum number of pupil places, to ensure that the course objectives that rely upon the interactive nature of energies generated in development, can be achieved. Some of the courses are currently scheduled, others will be scheduled on demand.

Over the years I've taught hundreds of pupils, some of which are either currently members of the JCPF, or remain interested patrons -and for them some courses will be more of an interest than others. For the enquirer, who may have done courses elsewhere, the entire suite should be of interest, therefore courses will be advertised as available on either a Monday or a Thursday evening with the invitation to sign up and take up as and when a date can be set.

The published prices for these courses relate to courses that take place in the venues advised -they can change if other venues and locations are provided from time to time.

For would be healers that intend to focus on the healing pathway, courses 1 to 5 provide the essential course work that will provide the basis of dedicated healer development -and course 11 is there for healers wanting to setup their own non-contact healing groups.

Warmest Regards,

Tony A.....

Course ONE -Discovering the Psychic Self (6-week course)

Introducing BodyMind Power meditation and focussing on clairsentient and clairvoyance and introducing clairaudience. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to all and recommended for beginners and those seeking to improve the development of their psychic senses. The minimum number of pupils required to run this course is 8, the maximum is 12. This 6-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will either be in the Portsmouth area.

	<u>Course fee</u>	<u>Course fee paid by instalments</u>
JCPF Patron Members fee	£48.00	£53.00
JCPF Full Members fee	£42.00	£47.00
Non-refundable Deposit	£8.00	

Non-member fees (a public patron not taking up JCPF membership): One payment of £58.00 or £63.00 by instalments.

Week 1: BodyMind philosophy & introducing the five BodyMind powers
Getting on side to how we power our naturally functioning soul being AND get the best of ourselves!
Practical Part 1: Harmonising the physical emotional BodyMind system: Power meditation One -focus on the three lower chakras

Week 2: Introducing Psychic Self Defence
How to ground yourself and protect the personality self
Practical Part 2: Harmonising the physical emotional body system: Power -meditation One -introducing Clairsentient expression

Week 3: Developing your BodyMind psychic feeling sense
Do's and don'ts -practical guidance on cultivating Clairsentience
Practical Part 3: Harmonising the emotional mental BodyMind system: Power meditation Two -focus on the four higher chakras: expressing the feeling sense

Week 4: The left and right brain functions of Man
How they work and how psychic development can give a fuller life expression
Practical Part 4: Harmonising the emotional mental BodyMind system: Power meditation Two -focus on the four higher chakras: introducing Clairvoyant expression

Week 5: Intuition –introducing the Inner Voice
What the intuitive principle is and how to recognise intuitional impulses
Practical Part 5: Harmonising the physical emotional and emotional mental BodyMind system: Power meditation Three -focus on the seven chakras: expressing the visioning sense

Week 6: Learning from Intuition
Developing the mind set to enable and benefit from intuitional expression!
Practical Part 6: Discovering the Psychic Self -by harmonising the physical emotional and emotional mental BodyMind system: Power meditation Three -then expressing clairsentient, clairvoyant senses and introducing clairaudience



Email Tony tonyhome@ntlworld.com or phone or text 07989-534673
If you are interested in doing this course on a Monday or a Thursday

Course TWO -Empowering the Psychic Self (6-week course)

This course takes BodyMind Power meditation a stage further and focusses on Inner Voice and learning to listen to the Vach. Clairvoyance and clairaudience capability is further improved. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to all and recommended for those seeking to improve the development of their psychic senses. 'Discovering the Psychic Self' is recommended to all as a pre-requisite course -those pupils that have will on completion of this course receive an Assurance Certificate. The minimum number of pupils required to run this course is 8, the maximum is 12.

This 6-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Week 1: BodyMind Magic!
Get the best of yourself 24-7

Practical Part 1: Empowering the Psychic Self - by harmonising the physical emotional and emotional mental BodyMind system: Power meditation Three -then expressing the intuitional voice and introducing clairaudience

Week 2: Vibrations! How to think and not to think!
Another look at Brain rhythms –how to recognise the expressions of your creative and inspirational nature

Practical Part 2: Empowering the Psychic Self -- by harmonising the physical emotional and emotional mental BodyMind system: Power meditation Four -introducing the Vach; getting the inner voice and inner visioning senses to work together

Week 3: How we are made –the system called Man (bodies and powers)
What comes readymade -what we create and how it best works!

Practical Part 3: Empowering the Psychic Self -harmonising the physical emotional and emotional mental BodyMind system: Power meditation Four -introducing the Vach; getting the feeling sense, inner voice and inner visioning senses to work together

Week 4: Guides, Custodians and other Spirit Communicators (Overview)
The benefits 24-7 that is not exclusive to mediumistic, divinatory or healing practices.

Practical Part 4: Empowering the Psychic Self - harmonising the physical emotional and emotional mental BodyMind system: Power meditation Four -working with the Vach; getting the feeling sense, inner voice and inner visioning senses to work together

Week 5: Psychic & Spiritual Healing –what is it & what can it do?
An overview of Self, Remote & Contact healing; how it works and why it works.

Practical Part 5: Empowering the Psychic Self -- by harmonising the physical emotional and emotional mental BodyMind system: Power meditation Four -working with the Vach; getting the feeling sense, inner voice and inner visioning senses to work together

Week 6: The benefits that can be achieved through Psychic & Spiritual Development (Overview)
The benefit 24-7 that is not exclusive to mediumistic, divinatory or healing practices.

Practical Part 4: Power meditation Five -working the Vach; initiation -shifting consciousness –entering into the psychic world aware of the Astral Kingdoms

Presentation of Assurance Certificates



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Course Three: Instrument of Spirit (6-week course)

This course transforms the psychic initiate into an instrumental power, and takes BodyMind Power meditation to the deeper psychic level and focusses on harmonising all psychic sense expression, including Clairallience and Clairgustance. Introducing the Guides and helpers. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to enrolled JCPF members and recommended for those seeking to develop the instrumental nature via their psychic senses and in relationship with Guides and helpers. The 'Empowering of the Psychic Self' is a pre-requisite course, or it may be the 'Chakra Meditation' course. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 6-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Course Four: Crossing the Rubicon (6-week course)

This course builds on the instrumental state of awareness achieved and focusses upon you finding your personal service pathway and developing your psychic personality, expressive through the psychic senses in relationship with Guides and Helpers. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to JCPF members and recommended for those seeking to express in service the instrumental nature via their psychic senses and in relationship with Guides and helpers. The 'Instrument of Spirit' is a pre-requisite course, or it may be the 'Advanced Chakra Meditation' course. Those pupils that have completed the 'Instrument of Spirit' course and this course will receive Assurance certificates. The minimum number of pupils required to run this course is 8, the maximum is 12.



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Course Five: Unseen Worlds (6-week course)

This course is about working with your Spirit communicators now that you have a better idea of what your personal service pathway is. Guidance as required will be given by my communicators helping you develop your psychic personality, expressive through the psychic senses in relationship with Guides and Helpers. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to JCPF members who have either completed the old course programme of 'Knockin on Heavens Door' and 'Crossing the River' and 'Unseen Worlds' in the old programme, or who have completed this new programme courses 1 to 4. I will consider pupils who have done the 'Advanced Chakra Meditation' course. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 6-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Course Six: More Worlds Unseen (6-week course)

This course is about discovering your own Astral World and understanding how that compares with your conscious psychic life and the connections you have with Spirit communicators. Guidance as required will be given by my communicators helping you develop awareness of your Astral journeying experience. Mostly practical with short 'matter of fact' talks that complement the practical development. Enrolment is open to JCPF members who have either completed 'Unseen Worlds' in the old programme or course 5 in the new programme. Those pupils that have completed courses 1 to 5, or compatible courses in the old programme will receive Assurance certificates. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 6-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Course Seven: One-to-One Private Mediumship (10-week course)

This course gives tuition in the development of one-to-one mediumship, where mediumship is a service that is given in response to requests for private personal readings. The development includes, Face to Face reading, Psychometry reading and Phone reading. Working with communicators in Spirit to provide evidence of survival, guidance on relationship needs, career and personal directions. There will be guidance talks but it is mostly practical. The course completes with an assessment with 'unknown' clients and Assurance certificates will be given to those that pass the individual assessments on the three different kinds of readings. This course is open to JCPF members who have either completed the old course programme or the new programme, courses 1 – 6. Pupils who haven't completed the courses in question can be considered for inclusion to the course, given that I find that it is achievable for them. The minimum number of pupils required to run this course is 10, the maximum is 14.



This 10-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

	<u>Course fee</u>	<u>Course fee paid by instalments</u>
JCPF Patron Members fee	£75.00	£80.00
JCPF Full Members fee	£65.00	£70.00
Non-refundable Deposit	£8.00	

Presentation of Assurance Certificates

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If you are interested in doing this course on a Monday or a Thursday

Course Eight: One-to-One Mediumship & Divination (10-week course)

This course gives tuition in the development of one-to-one mediumship and divination, where mediumship and divination is a service that is given in response to requests for private & public personal readings. The development includes, Flower Psychometry, Crystal Ball reading and Sand reading. Working with communicators in Spirit to provide evidence of survival, guidance on relationship needs, career and personal directions and through Sand reading divining futures. There will be guidance talks but it is mostly practical. The course completes with an assessment with 'unknown' clients and Assurance certificates will be given to those that pass the individual assessments on the three different kinds of readings. This course is open to JCPF members who have completed course 7, 'One-to-One Mediumship'. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 10-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Non-refundable Deposit	£8.00	

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If you are interested in doing this course on a Monday or a Thursday

Course Nine: Psychometric Touch Mediumship (10-week course)

This course gives tuition in the development of psychometric touch mediumship, where the skills taught are reading of personal objects, reading of historical objects, reading of flowers, and the reading of physical & mental health conditions. There will be guidance talks but it is mostly practical. The course completes with an assessment with 'unknown' clients and Assurance certificates will be given to those that pass the individual assessments on the four different kinds of readings. This course is open to JCPF members who have completed courses 5, or 6 or 7. The minimum number of pupils required to run this course is 8, the maximum is 12.



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Course Ten: Circles of Power Mediumship (10-week course)

This course is designed to provide the teaching techniques and methods to form, manage and conduct psychic and mediumistic development for beginners and improvers. Includes how to create a psychically stimulating environment in which circle members can benefit from the energies generated to develop their psychic and mediumistic abilities. For the developing medium who sees their pathway as a teacher and developing their relationship with key communicators as a service to others. There will be guidance talks but it is mostly practical. The course completes with an assessment and Assurance certificates. This course is open to JCPF members who have completed course 7, 'One-to-One Mediumship'. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 10-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Course Eleven: Circles of Power Healing (10-week course)

This course is designed to provide the teaching techniques and methods to form, manage and conduct non-contact psychic & spiritual healing circles of power. For pupils who have developed ability to work with key communicators. The course includes how to create a psychically stimulating healing environment in which circle members can both derive benefit from the energies generated and send healing to humans, animals etc. For the developing medium healer who sees their pathway as a teacher and provider of healing power by developing their relationship with key communicators as a service to others. There will be guidance talks but it is mostly practical. The course completes with an assessment and Assurance certificates. This course is open to JCPF members who have completed course 5, 'Unseen Worlds'. The minimum number of pupils required to run this course is 8, the maximum is 12.



This 10-week course will take place on either a Monday or Thursday evening -from 7.30 – 10.00. The venue will be in the Portsmouth area.

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Course Twelve: Psychically Inspired Writing (10-week course)

As the author of 'Tales of Bellerophon', the 'Healers Handbook' and many MSS works, and who is also a published and practising poet, your teacher will provide a process that enables the would-be psychic & spiritual writer, the techniques and tools to create works of their own. This course is open to all students who have engaged psychically with key communicators, who intend or are in process of creating a work of their own. There will be guidance talks but it is mostly practical. The course completes with an assessment and Assurance certificates. This course is open to JCPF members who have completed course 4, 'Crossing the Rubicon' and the 'Advanced Chakra Meditation course'.
Psychic & Spiritual Development Course Bookings



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