

# **JCPF NEWSLETTER** for October - December 2019

Here is our latest JCPF Newsletter to all JCPF members and interested public patrons. Page down to get the detail on any of these headings below. If you no longer wish to receive emails from us, page down to the bottom and unsubscribe.

- Recent event News!
- Healing clinics weekly -Portsmouth & Portchester & Fareham
- Public mediumistic demonstrations -Wednesday 5<sup>th</sup> June
- Portchester Gala -family day out -Saturday 15<sup>th</sup> June FREE
- BodyMind Psychic & Spiritual Development Courses
- Chakra Meditation Psychic & Spiritual Development Courses
- Meditation Group -Wednesday afternoon's Fareham
- Healer training courses
- Astrology Courses
- Tarot Courses
- Private readings/Hypnotherapy services

For more info on any of our services go to our website, [www.jcpf.co.uk](http://www.jcpf.co.uk) or visit our Facebook page Joseph Carey Jcpf <https://www.facebook.com/profile.php?id=100006982426854> You can help us with advertising our services by sharing the Facebook posts with your friends!

## **Event news!**

You may well think we are living in troubled times, the country and politicians divided on their view of the EU, long established businesses going to the wall, not to mention world events and climate change -yet most have still taken their summer holiday breaks, and here in the JCPF we've got better happier news to report. Our attendance at the Portchester Gala in June was a happy occasion for all -lots of new enquiries, and we plan to be there again next year. The new Fareham clinic regularly receives and treats new patients. Portchester clinic is still going strong, as is the Buckland Healing clinics in the morning, afternoon and early evening. Also taking place at the Buckland Community Centre on a Monday is an open invitation to come along and just chat or share your concerns, and if you are interested mini-readings can be done by JCPF qualified mediums. The monthly mediumistic and healing demonstrations at Portchester will reconvene on the first Wednesday of October, and will continue ongoing -bar January throughout next year. Tony & Pam have holiday's in September. Tony's 'Undiscovered Country' course programme will restart at the end of October, and Pam's daytime chakra course will start next month. The Healer training course programme has been doing very well and continues into the new year. More qualified healers expected! And if you would like to learn to be an Astrologer -the once a year chance to enroll is in October! It's going to be a busy month -we have another social to which you are cordially invited, and a new Energy Healing Share group is opening up in Fareham -details below.

## **Healing clinics weekly -Portsmouth & Portchester & Fareham**

EVERY MONDAY PORTSMOUTH WEEKLY POP-IN HEALING CLINIC at the Buckland Community Centre, Malins road, North End, 10.30 a.m. to 12.45 p.m. AND at 4.00 p.m. to 7.00 p.m. (bar Bank Hols.). If you would like to discuss your needs before attending call or text the clinic principals, on 07756-852918 or email Malcolm on [popinclinic@jcpf.co.uk](mailto:popinclinic@jcpf.co.uk)

EVERY MONDAY PORTCHESTER WEEKLY POP-IN HEALING CLINIC at the Portchester Hub, New Parade, 2, 38 West St, Portchester PO16 9UY. Open 1.00 -3.00 p.m. If you would like to discuss your needs before attending call or text Wendy, the clinic principal, on 07586-887181 or email Wendy on [wendyvancampbell@hotmail.co.uk](mailto:wendyvancampbell@hotmail.co.uk)

EVERY WEDNESDAY FAREHAM WEEKLY POP-IN HEALING CLINIC every week (bar bank holidays) at the North West Fareham Community Centre, Henry Cort Drive, Fareham PO15 6TL Open 4.00 -7.00 p.m. If you would like to discuss your needs before attending call or text Jan, the clinic principal, on 0777164180 or email Jan on [jandamerell@gmail.com](mailto:jandamerell@gmail.com)

No appointments necessary at our Healing Clinics! If you haven't tried this –you must, healing helps and healing works!! Call or text the Principals if you want to know how we can help you! Healing is FREE – donations gratefully received, whatever you can afford, are appreciated. For more info on our healing clinics, go to [www.jcpf.co.uk](http://www.jcpf.co.uk) Please note we are not open on Bank Holidays

### **Public mediumistic demonstrations -Wednesday 2<sup>nd</sup> October: Tony & Pam Ashenden**

OPEN TO ALL -EVENINGS OF MEDIUMSHIP 1st Wednesday of every month (bar Sept/Jan). 2/10, 6/11, 4/12. Tony and Pam demonstrate mediumship & Tony also gives Healing demonstrations. - at the Portchester Hub, New Parade, Portchester PO16 9UY. Meetings start at 7.30 p.m. £5.00 per person entry –no pre-booking required. For more info call 02392693169 or text 07989-534673

### **Energy Healing Share group -Saturday 5<sup>th</sup> October**

Exciting News! A new group has just started for anyone interested in healing (Reiki, Spiritual, etc.) and wishing to share their healing energies with like-minded people. It is also available for those new to healing and wanting to find out more about healing energies and how to use this energy to heal themselves and others. The first meeting will be held on: Saturday 5th October from 2.00pm to 4.00pm, at Northwest Fareham Community Centre, Henry Cort Drive, off Hillson Drive, Fareham. PO15 6TL. At this first meeting we have invited a speaker to give a short talk on healing, followed by a meditation, distant healing and energy share. Refreshments will be available afterwards for those wanting to stay and chat. The cost will be a £5.00 donation. We are also hoping to include a beginners group for Psychic Development for those wishing to enhance their intuitive side. Anyone interested in coming along, please contact Jan via email on [janmeditation2018@gmail.com](mailto:janmeditation2018@gmail.com)

### **Meditation Group -Wednesday afternoon's Fareham: Group Principal, Jan Damerell**

WEDNESDAY FAREHAM AFTERNOON MEDITATION CLASS 3:45p.m. - 4:45p.m. at the North West Fareham Community Centre, Henry Cort Drive, Fareham PO15 6TL. £3.00 per session. Opportunity to discuss all kinds of psychic & spiritual interests after the meditation. If you would like to attend or for more information on how it could suit your interests, please contact Jan Damerell on 0777164180 or email Jan on [janmeditation2018@gmail.com](mailto:janmeditation2018@gmail.com)

### **JCPF Social Event -with a Quiz! Saturday 12<sup>th</sup> October**

We will be holding a QUIZ NIGHT on: Saturday 12th October from 7.00pm to 10.00pm at, Northwest Fareham Community Centre, Henry Cort Drive, off Hillson Drive, Fareham. PO15 6TL. You can play in teams of up to 6 people and there will be a prize for the winners and a 'booby' prize for the losers! Afterwards you can help yourself to 'nibbles' and refreshments and socialise with like-minded people. You are very welcome to bring your own drinks (alcoholic or otherwise!). We will also be holding a raffle, so we hope you will dig deep and purchase lots of tickets as this event is free and all proceeds will go towards the JCPF charity. Please email me [barbaradavis1807@aol.com](mailto:barbaradavis1807@aol.com) to let me know if you wish to attend (and how many of you). There's plenty of parking, so the more the merrier! I hope you can make it for what will be an 'intellectual' (hopefully!) and fun filled evening and I look forward to seeing you then.

### **Chakra Meditation Psychic & Spiritual Development Course starts Thursday 17<sup>th</sup> October**

Pam will teach the 9-week Chakra Meditation introductory course on Thursday mornings at 250, Chichester road, North End, Portsmouth PO2 0AU. (10.30 a.m. – 1.00 p.m.) Plenty of parking! The course concentrates on releasing energy from the seven-major energy centres, using powerful visualisation journeys, the early weeks concentrate on releasing blockages and problems relating to past events, releasing old fears and anxieties. As the course progresses opening and releasing energies in the higher chakras facilitates development of psychic ability; tuning into the higher mind and the spirit within. With Spirit communicators and the course teacher's help you can be guided toward the pathways that best enhance your understanding and happiness. The broad spectrum of healing and mediumship pathways follow on from this course. If you would like to attend this new exciting course [please click here](#) to indicate your interest. A preformed email will appear -add words if you want and send! Alternatively, you can text Pam on 07989-534673 with email address, or email her on [Pam.ashenden@ntlworld.com](mailto:Pam.ashenden@ntlworld.com)

### **The Competent Astrologer Course Programme starts Tuesday 15<sup>th</sup> October**

Pam is a professional Astrologer, and her Astrology course programme is perhaps the most complete course of its kind in the South of England. If you would like to learn and become a competent Astrologer this is the programme you should sign up to. The entire programme consists of four 10-week courses and is taught on a Tuesday evening at 250, Chichester road, North End, Portsmouth. PO2 0AU. Starting at 6.30

p.m. and finishing by 9.00 p.m. Learning is much easier than you think! Designed in easy stages, each week you will get comprehensive handouts to further your studies at home. The programme only starts once a year -this year it starts on 15<sup>th</sup> October. If this interests you [please click here](#) to indicate your interest. A preformed email will appear -add words if you want and send! Alternatively, you can text Pam on 07989-534673 with email address, or email her on [Pam.ashenden@ntlworld.com](mailto:Pam.ashenden@ntlworld.com)

### **BodyMind Psychic & Spiritual Development Courses: Teacher, Tony Ashenden**

A number of patrons already want to start the 'Undiscovered Country' courses, and the first 6-week course in the programme, 'Discover Your Psychic Self', is scheduled to begin on a **Monday evening 28<sup>th</sup> October** (7.30 p.m.- 10.00 p.m.) at the Cosham Community Centre. The Power Meditation practical is uniquely designed to foster the development of the psychic senses. If you have an interest in doing Tony's Undiscovered Country programmes and would like to be considered for enrolment, [please click here](#) to indicate your interest -if you can't do the scheduled course, but would like to do it sometime, perhaps on a different day, let us know anyhow. A preformed email will appear -add words if you want and send! Alternatively, you can text Tony on 07989-534673 with email address, or email Tony on [tonyahome@ntlworld.com](mailto:tonyahome@ntlworld.com)

### **Healer training Courses: Teacher, Tony Ashenden**

In July, a new course programme was started, the BodyMind Healer Development programme, consisting of four 6-week courses. It is held on a Thursday evening (7.30 -10.00 p.m.) at the Cosham Community Centre. If this is your interest a new programme will start in the Spring 2020. You get the benefit of Tony's 50 plus years of healing practise, skills that have been practiced nationally and internationally, professionally run healing clinics, and a demonstration capability that can deliver improvements within three minutes! If you want to know more -read the PDF on the website, and if you decide you would like to learn BodyMind Healing -a skill that more than meets the practise of Reiki, then [please click here](#) to indicate your interest. A preformed email will appear -add words if you want and send! Alternatively, you can text Tony on 07989-534673 with your email, with email address, or email Tony on [tonyahome@ntlworld.com](mailto:tonyahome@ntlworld.com)

### **Tarot Courses: Teacher, Tim Brooks**

Tim Brooks 6 WEEK TAROT COURSE FOR BEGINNERS & IMPROVERS (7.15 -10.00 p.m.) is a Monday evening course from £60.00 in Cosham Community Centre -could be starting soon if there is enough students to start it. This 6-week course is open to all. Tim is also available to do one-to-one coaching. Tim is a full-time professional Tarot Reader and a Moderator for TABI (Tarot Association of the British Isles) and a Tarot Professionals ACE (Accredited & Certified Excellence. Text or call Tim on 07859922048 if you would like to do this course, or one-to-one coaching sessions. Or email [timbrooks@apricotsunset.com](mailto:timbrooks@apricotsunset.com)

### **Private readings/Hypnotherapy services**

If you are looking to book a private PERSONAL Mediumship or Tarot READING, Psychic & Spiritual HEALING (including pet healing), or HYPNOTHERAPY sessions (including past life regression) look on our website [www.jcpf.co.uk](http://www.jcpf.co.uk) under readings and healing services—or ring 02392693169 or text 07989-534673 to Pam for further info or to make an appointment. Alternatively, you can email her on [Pam.ashenden@ntlworld.com](mailto:Pam.ashenden@ntlworld.com)

P.s. IF YOU ARE RECEIVING THIS NEWSLETTER IN HARD COPY OR AS A FORWARDED POST AND WOULD LIKE TO RECEIVE NEWS OF OUR EVENTS BY EMAIL -LET US HAVE YOUR EMAIL ADDRESS TODAY PLEASE!



With Warmest Regards,

*Tony A.....*  
Tony Ashenden President JCPF

p.s. YOU ARE RECEIVING THIS MAIL BECAUSE YOU HAVE EITHER DIRECTLY EMAILED US OR HAVE ASKED WE SEND YOU NEWS OF EVENTS, ETC. IF YOU DON'T WANT ANY FURTHER MAIL FROM THE JCPF CHARITY PLEASE ACCEPT OUR GOOD WISHES AND REPLY TO THIS EMAIL 'NO THANKS' AND YOUR CONTACT DETAILS WILL BE REMOVED FROM OUR FILES.

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