

JCPF NEWSLETTER for MAY 2018

Highlights

- Healing clinics weekly
- Tarot course June
- Psychic Development June
- Healer training twice monthly
- Public mediumistic demonstrations monthly
- Book now for Astrology, Chakra meditation, Healing through meditation etc
- Come and see us at the Portchester Gala
- Private readings/Hypnotherapy services

If any of the advised events interest you please let me know -advertising can be both costly and ineffectual these days, so it would help if you could paste items you feel are interesting into Facebook or make notice of on Twitter. Do get back to me about any events or services that interest you -and I will advise further, or action as requested.

JCPF Newsletter -May, June, July -and looking forward to Autumn 2018

Our activities and events are all listed below. Call, text 07989-534673, email your interest anytime generalsecretary@jcpf.co.uk

Regular weekly & monthly events, courses & workshops

- ☐ EVERY MONDAY Portsmouth WEEKLY POP-IN HEALING CLINIC at the Buckland Community Centre, Malins road, North End, 10.30 a.m. to 12.45 p.m. AND at 4.00 p.m. to 7.00 p.m. (bar Bank Hols.) No appointments necessary! If you haven't tried this –you must, they are getting really good results -and can help you! Healing is FREE –donations, whatever you can afford, are appreciated. For more info, go to www.jcpf.co.uk or if you wish to discuss your needs call or text Malcolm, the clinic principal, on 07756-852918
- ☐ EVERY MONDAY Portchester WEEKLY POP-IN HEALING CLINIC every Monday at the Portchester Hub, New Parade, 2, 38 West St, Portchester PO16 9UY. Open 1.00 -3.00 p.m. No appointments necessary! If you haven't tried this –you must, healing helps and healing works!! Healing is FREE –donations, whatever you can afford, are appreciated. For more info, go to www.jcpf.co.uk or if you wish to discuss your needs call or text Wendy, the clinic principal, on 07586-887181
- ☐ OPEN TO ALL -EVENINGS OF MEDIUMSHIP 1st Wednesday of every month. 6/6, 4/7, 1/8. Tony and Pam demonstrate mediumship & Healing demonstrations. - at the Portchester Hub, New Parade, Portchester PO16 9UY. Meetings start at 7.30 p.m. £5.00 per person entry –no pre-booking required. For more info go to www.jcpf.co.uk or email generalsecretary@jcpf.co.uk or call 02392693169 or text 07989-534673
- ☐ OPEN TO ALL -HEALER TRAINING Cosham Community Centre - The ideal way to start psychic & spiritual healing –no obligations, just turn up & practise! If you want to qualify as a nationally registered psychic & spiritual healer -this is the programme to do it –just ring or text Tony on 07989-534673 or email for more information about the registration programme. Fees are just £6.00 per session. At Cosham Community Centre, Wootton Road, Cosham PO6 3AP. Twice monthly 2nd & 4th Wednesday evenings. Ongoing dates: 9/5, 23/5, 13/6, 27/6, 11/7, 25/7. Start at 7.30 p.m. finish by 10.00 p.m. more info - www.jcpf.co.uk/healing_course.php

OPEN TO ALL -HEALER TRAINING Studio Kooks, Beckenham, Kent. The ideal way to start psychic & spiritual healing –no obligations, just turn up & practise Saturday afternoons! Fees advised on enquiry. If

you want to qualify as a nationally registered psychic & spiritual healer -this is the programme to do it –just ring or text Steve on 07397-566099 or email stevelashley@hotmail.co.uk for more information about the registration. For more info: www.holistichealthuk.co.uk/holistic_health_clinic.php

- Mini-mediumistic private reading fayre 7.30 -9.30 p.m. Thursday evening's Cosham Community Centre with qualified JCPF mediums. 25-minute One-to-One readings, Crystal Ball readings, and Sand Readings. Only £10.00! and you get a £10.00 JCPF course voucher when you have a reading! Readings must be booked! Call or text Malcolm if interested 07756-852918. Or email generalsecretary@jcpf.co.uk
- Coming June onward in 2018 Tony Ashenden's 'Undiscovered Country' 6-week follow-on courses. Thursday evenings, Cosham Community Centre. Unseen Worlds, More Unseen Worlds. All incorporating the best of Mindfulness practises. Text or call tony on 07989-534673 or email tonyashome@ntlworld.com if you have done some of the earlier courses and would like to do one of these courses -more details of courses Tony teaches. www.jcpf.co.uk or email tonyashome@ntlworld.com or call 02392693169 or text 07989-534673
- Want to join a weekly meditation group -Tuesday evenings at the Portchester Hub? If so, call Jan Damerell who conducts it on 07929-595616 for further details.
- 'Discover Your Psychic Self' Tony Ashenden's unique BodyMind Meditation methods to give birth to and develop your Psychic Senses. This 6-week course is for beginners and improvers could start as early as August on a Thursday or Monday evening. At the Cosham Community Centre. If you are interested email tony, tonyashome@ntlworld.com or call 02392693169 or text 07989-534673
- Tim Brooks 6 WEEK TAROT COURSE FOR BEGINNERS & IMPROVERS (7.15 -10.00 p.m.) Monday evening course from £60.00. In Cosham Community Centre -could be starting in June if there is enough students to start it. This 6-week course is open to all. Tim is a full-time professional Tarot Reader and a Moderator for TABI (Tarot Association of the British Isles) and a Tarot Professionals ACE (Accredited & Certified Excellence. Text or call Tim on 07859922048 if you would like to do this course. Or email generalsecretary@jcpf.co.uk -or for more info go to www.jcpf.co.uk
- Pam Ashenden 'ASTROLOGY FOR BEGINNERS & IMPROVERS – 10 WEEK EVENING COURSE TUESDAY EVENINGS' open to all. Venue: 250, Chichester road, North End, Portsmouth. PO2 0AU. This is the first of a series of 4 courses that you can take to become a competent Astrologer! Pam is a professional Astrologer –from her you will get the best tuition possible –and it's much easier to learn than you think! Each week you will get comprehensive handouts to further your studies at home. AND IT STARTS ONLY ONCE A YEAR! Likely in October -can we put your name on the waiting list?? email pam.ashenden@ntlworld.com or call 02392693169 or text 07989-534673
- Pam's CHAKRA MEDITATION DAYTIME DEVELOPMENT COURSE. – 9 WEEK COURSE FRIDAY MORNINGS 10.30 a.m. -1.00 p.m. at 250, Chichester Road, North End, Portsmouth PO2 0AU. This 9-week course is ideal for getting started, balancing & strengthening your energy body and opening up the psychic senses. Meets the needs of beginners & improvers alike. A professional medium & healer, Pam's working and teaching experience spans 40 plus years. Book now FOR SEPTEMBER! email pam.ashenden@ntlworld.com or call 02392693169 or text 07989-534673
- Carole's Encaustic Art Workshops You need no artistic skills, and will surprise yourself as inner nature of your mind "controls" the action of your conscious senses to produce pictures that are stunning to look at and may be framed for display as part of your home décor! One to one or with a group up to 5 people. Workshops are on Friday's and Saturday's. Also, Carole Peachey's Healing Thru Meditation Development Courses 2018 (7.30 – 10.00 p.m.) from £40.00. In Cosham. This 6-week course teaches meditation techniques that reveal the inner self and unlocks the subtle energy body. The power to self-heal -focused on areas that need health harmonising, releasing stresses and tensions generally. Ring or text Carole for course dates and booking: 07593-405260. Or email generalsecretary@jcpf.co.uk
- If you are looking to book a private PERSONAL Mediumship or Tarot READING, Psychic & Spiritual HEALING (including pet healing), or HYPNOTHERAPY sessions (including past life regression) look on our website www.jcpf.co.uk under readings and healing services—or ring 02392693169 or text 07989-534673 for further info or to make an appointment.

☐ Come & See us at the Portchester Gala Saturday 16th June! 11.00 a.m. to 4.30 p.m. Healing, readings and a Tombola stall, and lots and lots of other very interesting stalls on this great day out for all the family.



Body

Mind  Spirit
Health

With Warmest Regards,

Tony A.....

Tony Ashenden

President & General Secretary

p.s. IF YOU ARE RECEIVING THIS EMAIL AND DON'T WISH TO HAVE ANY FURTHER MAIL FROM THE JCPF CHARITY PLEASE ACCEPT OUR APOLOGIES AND REPLY TO THIS EMAIL 'NO THANKS' AND YOUR CONTACT DETAILS WILL BE REMOVED FROM OUR FILES.

President: Mr A. A. Ashenden. General Secretary: Mr A Ashenden. Treasurer: Letitia Ivatt. Trustees: Mr M Pallant. Mr S Lashley, Mr A Ashenden

www.jcpf.co.uk & www.holistichealthuk.co.uk